#### Presentation explores history of thrift style and feed sack fashion

The Rice County Historical Society/Coronado Quivira Museum in Lyons, Kansas will host "Waste Not, Want Not: Reimagining Fashion through Thrift Style," a presentation and discussion by Marla Day on March 30, 2025 at 1:30 p.m. at The First Christian Church of Lyons' Fellowship Hall, 220 West Avenue South, Lyons, Kansas. Members of the community are invited to attend the free program. The program is made possible by Humanities Kansas.

Thrifting and upcycling are not new concepts. The practice of reusing empty feed sacks, flour sacks, and sugar sacksalso known as commodity

K-State Research and Ex-

Manhattan, Kan – As

egg prices continue to in-

crease in grocery stores,

Kansas State Universi-

ty food scientist Karen

Blakeslee said it might

be beneficial to consider

replacing eggs in certain

of egg substitute to choose

depends on the end prod-

uct and the function it

needs to provide. She cit-

ed information from her

extension colleagues at

the University of Illinois,

who published various

substitutes for recipes that

require binding, leavening,

moisture and other alter-

using two ounces of ex-

tra-firm tofu to replace

one boiled egg. If a recipe

utilizes eggs to hold ingre-

dients together. Blakeslee

suggests using one table-

spoon of chia seeds or

ground flax seeds mixed

with three tablespoons of

water to replace one egg.

Blakeslee recommends

Blakeslee said the type

recipes.

natives.

tension news service

bags—as raw material for clothing and other home goods was popular during the austere decades of the 1920s through the 1940s.

This program highlights a collection of sacks from Kansas mills, thoughtfully selected to honor a family with deep Kansas roots in agricultural extension, 4-H, and a family-owned feed and farm supply store. This collision between commercial waste and homespun ingenuity provides a model for our modern emphasis on sustainability!

Marla Day is the curator of Kansas State University's Historic Costume and Textile Museum in Manhattan.

What can replace eggs in the kitchen?

Another option, she

said, is one package plain

gelatin and two table-

spoons of warm water to

ing, use the chia or flax

seed mixture plus a half

teaspoon of baking powder

for each egg," Blakeslee

said. "For moistness in

baking, use a quarter cup

applesauce, mashed ba-

nana, pureed avocado, pu-

reed garbanzo beans, or

silken tofu for each egg.

Another option is two ta-

blespoons mayonnaise for

ican Egg Board, shell eggs

in the original carton can

be stored in the refrigera-

tor cabinet for 4-5 weeks

past the 'sell by' date on

the carton, but they will be

safe to use after that date

Blakeslee said.

"This will likely go

beyond the pack date.

According to the Amer-

each egg."

"For leavening in bak-

replace one egg.

Reimagining Fashion through Thrift Style" is part of Humanities Kansas's Speakers Bureau, featuring humanities-based presentations designed to share stories that inspire, spark conversations that inform, and generate insights that strengthen civic engagement.

About Humanities Kansas

Humanities Kansas is an independent nonprofit leading a movement of ideas to empower the people of Kansas to strengthen their communities and our democracy. Since 1972, our pioneering programming, grants, and partnerships have documented and shared stories

"Think about cutting

back daily egg use to ev-

erv other day to change up

your routine and add vari-

monthly newsletter called

You Asked It! that pro-

vides numerous tips on be-

ing safe and healthy. More

information also is avail-

able from local extension

Blakeslee publishes a

ety," Blakeslee said.

"Waste Not, Want Not: to spark conversations and generate insights.

> Together with our partners and supporters, we inspire all Kansans to draw on history, literature, ethics, and culture to enrich their lives and serve the communities and state we all proudly call home. Visit humanitieskansas.org.

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SAS, AND PROVIDING PENALTIES FOR THE VIOLATION THEREOF. This Ordinance updates and modifies the previous ordinance passed by the City on May 6, 2024, regulating the process for obtaining a permit to own chickens within the City, the conditions that must be maintained to avoid the permit being revoked, it prohibits Chickens running at large, and it states the penalties violating the Ordinance

**LEGAL** 

(Published in the Lyons News

on March 27, 2025)

SUMMARY OF

ORDINANCE NO. 2068

body of the City of Lyons, Kansas,

THE PERMITTING OF CHICKENS WITHIN THE CITY OF LYONS, KAN-

passed an ordinance entitled:

On March 17, 2025, the governing

AN ORDINANCE REGULATING

A complete text of the ordinance may be obtained or viewed free of charge at the office of the City Clerk, City Hall, 101 W. Main, Lyons, Kansas. A reproduction of the Ordinance is available for not less than 7 days following the publication date of this Summary at www.lyonsks.org.

This Summary is hereby certified to be legally accurate and sufficient pursuant to the laws of the State of

/s/Patrick G. Hoffman,

City Counselor, Lyons, Kansas

### **Turf Talk: Be proactive in crowding out weeds**

By PAT MELGARES,

offices in Kansas.

K-State Research and Extension news service

Manhattan, Kan. - If the growing season sometimes seems like an ongoing battle to keep weeds out of your home lawn, Kansas State University horticultural expert Cynthia Domenghini has good

There's a better way.

as long as they have been •Instead of constantly refrigerated. This can applying chemical treathelp reduce food waste," ments, Domenghini suggests taking a proactive Blakeslee also suggestapproach to prevent weeds ed freezing eggs for later from growing in the first place. Some of the common reasons why weeds compaction is a hidden invade lawns include:

•Improper mowing. Mowing too low and too infrequently thins the turf, allowing weeds to get started.

•Improper watering. Frequent watering encourages weed seed germination, disease, thatch and shallow-rooted turf that is less competitive with weeds for soil moisture and nutrients.

•Improper fertilizing. Fertilizing too much or too little or at the wrong time may benefit weeds more than grass.

•Compacted soil. Soil

stress on the turfgrass root system. The grass is unable to compete effectively with weeds.

•Excessive wear. Turf areas used for recreation and sports are subject to wear and compaction.

•Wrong kind of grass. The wrong variety for the location will gradually decline and be invaded by weeds.

•Environmental stress. Weeds often take over a lawn after it has been weakened and thinned weather-related

see TURF page 6

## WORD

from page 2

generous in your ideals. Keep your eyes on the stars, but remember to keep your feet on the ground." Theodore Roosevelt

"I don't believe that

because peace is difficult that war is inevitable."

Harry S Truman

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of Kansans believe government should be required to publish public notices in print and digital **newspapers** as a service to the community

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Leavenworth County resident

KansasPublicNotices.com \*2024 Kansas State Study; Conducted by Coda Ventures



