

FOR THE RECORD

SENIOR SHOWCASE

Variety of activities, services available at the Senior Center

BY ALISSA RANKIN



The Senior Center's Thrift Shop, "Do Overs" is open every Thursday from 9 a.m. to 12 p.m. and 1-4 p.m. Open to all ages! Located inside the Senior Center.

FINNEY COUNTY SENIOR CENTER WEEKLY ACTIVITIES

Tuesday, March 31: The Garden Woodchips, 9 a.m.; Exercise with the Girls and Guys, 11 a.m.; Meals on Wheels and Friendship Meals, 12 p.m.; Pitch, 12:30 p.m.; Oh Drummit exercise with Kim, 5 p.m.

Wednesday, April 1: Completely Unraveled, 9:30 a.m.; Healthier You Support Group, 10 a.m.; Exercise with the Girls and Guys, 11 a.m.; Meals on Wheels and Friendship Meals, 12 p.m.; Rook, 1 p.m.

Thursday, April 2: Do-Overs Thrift Shop, 9 a.m. to 4 p.m. (Closed from 12-1 pm.) - Pick and Egg for a Discount!; Bingo, 10 a.m.; Exercise with the Girls and Guys, 11 a.m.; Meals on Wheels and Friendship Meals, 12 p.m.; Easter Party, 12:30 p.m.; Cornhole, 1 p.m.; SkipBo, 1 p.m.; Oh Drummit exercise with

Kim, 5 p.m. Friday, April 3: Nurse, 10:30 a.m.; Meals on Wheels and Friendship Meals, 12 p.m.; Movie ("Love Finds You in Charm"), 12:30 p.m.; Bridge, 1 p.m.; Rook, 1 p.m.

Monday, April 6: Exercise with the Girls and Guys, 11 a.m.; Meals on Wheels and Friendship Meals, 12 p.m.; K-State Computer Safety (Please sign-up with the receptionist.), 12:30 p.m.; Rook, 1 p.m.; Oh Drummit exercise with Kim, 5 p.m.

FINNEY COUNTY SENIOR CENTER LUNCH MENU

(Friendship Meals and Meals on Wheels)

Tuesday, March 31: Baked chicken wings, fingerling potatoes, corn cobette, dinner roll.

Wednesday, April 1: Baked penne, Prince Edward veggie mix, garlic bread, oatmeal raisin cookie.

Thursday, April 2: Polish sausage, sauerkraut, mashed potatoes, mixed veggies, dinner roll, peaches.

Friday, April 3: Broccoli chicken, green beans with bacon and pearl onions, maple sweet potatoes, dinner roll,

cookie. Monday, April 6: Beef goulash, roasted potatoes, Bermuda mixed veggies, dinner roll, oatmeal cream pie.

NOTE: If you receive Meals on Wheels and would like to purchase a frozen meal or sack lunch, please contact the center at (620) 272-3620.

Join us for any or all of our activities or lunches. Lunch is served at 12 p.m. on Monday through Friday. Please give us a 24-hour notice for lunch. For those 60 years and older the cost is a suggested donation of \$3.50. Under 60 is \$7. Any questions please call 620-272-3620 or stop by at 907 N. 10th St.

A BRIEF NOTE FROM THE EXECUTIVE DIRECTOR

We are rounding the corner on the ending of March 2026, Women's History Month. The United States and Kansas are both rich with history about women.

In 1887, the first woman to be elected mayor in the United States was Susanna Madora Salter. She was elected as mayor in Argonia, (southeast of Kingman), and proved that women could lead in public office a whole

thirty-three years prior to women's suffrage!

Then in approximately 1912-1913, Marjorie Stoneman Douglas wrote as a pioneering journalist and later became an environmental activist. She began her career at the Topeka Daily Capital and her work showed that there was a growing number of women in media, the workforce, and elevated their public voice. This was during a time when few women were working in newsrooms.

In 1920, after a decades-long struggle starting in 1848, the 19th Amendment to the U.S. Constitution was signed, prohibiting federal and state governments from denying the right to vote on the basis of sex. This amendment is commonly called the "women's suffrage amendment," and it was a major expansion in democratic rights and transformed American politics. However, even though this was now law, there continued to be discriminatory barriers like poll taxes, literacy tests, and racial exclusion that many women faced. But women's suffrage shows that activism, protests,

persistence, and education changed the U.S. Constitution.

Born in Atchison, Amelia Earhart became one of the most famous aviators in history and a symbol of women breaking barriers. She became the first woman to fly solo across the Atlantic Ocean and remains one of the most influential women and pilots in aviation history. She disappeared in 1937 during her attempt to fly around the globe and this incident continues to be one of the biggest unsolved mysteries.

Further, in the 1940s, women's roles shifted dramatically during World War II and they became part of the workforce in the U.S. The necessity of women working while men were at war has morphed into activism, and work toward equal pay, leadership positions, and career opportunities in today's society.

Since then, there have been milestones in women's rights and equality. Key laws and movements that expanded opportunities and protections.

For example, Title IX of the Education Amendments in 1972

prohibits sex-based discrimination in any educational program or activity receiving federal financial support. It includes K-12 schools, colleges, and universities. Title IX made education more accessible and equitable, offering more opportunities for women and providing some protection for all students against sex-based discrimination and harassment.

In Row v. Wade, a 1973 decision by the U.S. Supreme Court recognized a constitutional right to abortion, blocking state laws that criminalized or restricted abortion procedures. In 2022, the Supreme Court's Dobbs ruling overturned Roe and another ruling on Planned Parenthood v. Casey, holding that the Constitution does not establish a right to abortion. Now the regulation of abortion rests with individual states.

Women's history is always being written and is an ongoing journey. Though there is ongoing progress, there is still a continued need for advocacy.

Alissa Rankin is the Executive Director of the Finney County Committee on Aging, Inc.

GCCC to host STEM summit for teachers

Garden City

Community College will host the 2026 STEM for All Teacher Summit on Monday, June 1, in the GCCC STEM Success Center from 8 a.m. to 5 p.m.

The one-day professional learning event

will bring together educators, STEM professionals, higher education partners, and community leaders to explore innovative strategies for advancing STEM education.

The summit,

organized through the GCCC Title III program, is designed for kindergarten through 12th grade teachers, instructional coaches, administrators, and industry or community partners interested in strengthening STEM learning opportunities for students.

Now in its second year, the STEM for All Teacher Summit focuses on equipping educators with practical tools and ideas they can implement immediately in their classrooms. The event is guided by this year's theme, "Today's Educators. Tomorrow's Innovators.", highlighting the vital role teachers play in preparing students with the creativity, resilience, and critical thinking skills needed for the future.

"The STEM for All Teacher Summit is about empowering educators with practical ideas they can take back to their classrooms immediately," Misty Wren, Title III STEM Outreach Coordinator at GCCC, said.

The summit will feature keynote speaker Steve Spangler, a best-selling author, two-time Emmy Award winner, and host of the nationally syndicated television series "DIY Sci". Spangler gained worldwide attention as the creator



of YouTube's first viral science video demonstrating the Diet Coke and Mentos geyser experiment, a moment that helped shape the future of online science communication. His science videos have received more than 4.5 billion views globally.

Spangler currently serves as STEM Educator-in-Residence at High Point University and is a member of the National Speakers Association Speaker Hall of Fame. Through his work with educators and organizations around the world, he focuses on creating transformational learning experiences that spark curiosity, build engagement and inspire innovation.

Registration for the summit is now open online. The registration fee is \$25 and all payments must be received by May 1 to secure a spot. Professional development points will be available for participants.

GCCC is also accepting session proposals for

the summit. Educators, instructional leaders, and STEM professionals are encouraged to submit presentations focused on innovative classroom practices, hands-on STEM learning, emerging technologies such as artificial intelligence and immersive tools, expanding access to STEM education and building sustainable STEM programs.

Sessions will be 45 minutes in length and may include workshops, demonstrations, presentations, or panel discussions. All accepted presenters will receive complimentary registration to the summit. The deadline to submit proposals is April 10.

For more information about the 2026 STEM for All Teacher Summit, including registration and proposal submission details, visit the Garden City Community College website.

For any questions, contact Wren at misty.wren@gccc.edu or call 620-275-3288.

TODAY'S Kansas Lottery NUMB#RS

The following Kansas Lottery numbers were drawn Friday night:

Mega Millions: 13-27-28-41-62-16
Millionaire for Life: 6-9-28-33-46-4
2 By 2: Red: 1-23; White: 11-18
Pick 3: Midday: 4-6-7; Evening: 7-0-5

The following Kansas Lottery numbers were drawn Saturday:

Powerball: 11-42-43-59-61-25; Power Play: 4
Powerball Double Play: 8-37-56-57-68-21
Lotto America: 15-29-30-32-35-9; All Star Bonus: 5

Super Kansas Cash: 3-10-12-16-27-25
Millionaire for Life: 12-14-17-22-55-4
2 By 2: Red: 9-15; White: 16-24

Pick 3: Midday: 3-5-5; Evening: 6-8-2
The following Kansas Lottery numbers were drawn Sunday:

Millionaire for Life: 11-17-18-43-53-5
2 By 2: Red: 9-14; White: 6-18
Pick 3: Midday: 9-2-9; Evening: 6-2-8

Monday's Powerball, Powerball Double Play, Millionaire for Life, Super Kansas Cash, 2 By 2 and Pick 3 Evening numbers were not available as of press time.

TODAY'S Market Prices

Grain Prices at Garden City Co-op

Wheat: 5.51 Milo: 3.73
Corn: 4.23 Soybeans: N/A

Schwieterman Inc. reported Chicago Live Cattle Futures

	April	June	Aug.
Last:	238.500	238.775	236.050
High:	238.775	239.300	236.775
Low:	235.025	234.600	232.300

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NOTICE TO BIDDERS

Bids for the 2026 Contracted Mowing will be received by the City of Garden City at the Street Department Office, 105 S. 10th St., Garden City, KS, until 9:30 a.m. on April 28, 2026. At that time, the bids will be opened publicly and read aloud.

All bids shall be submitted on bid forms printed, or emailed which can be obtained from the Street Department Office at (620) 276-1270 or electronically at the Document Center, www.garden-city.org. No bidder may withdraw their bid for at least thirty (30) days after the scheduled closing time for the receipt of bids. The City reserves the right to reject any or all bids, waive informalities, and accept the bid deemed to be in the best interest of the public.

Casey Howard
Superintendent, Street Department

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