

**WEATHER**

Ottawa, Kan.  
**WEDNESDAY**  
**61°**  
 Low 56°  
 12 mph ESE

Thursday 61°  
 Friday 76°  
 Saturday 54°  
 Sunday 60°  
 Monday 68°

**M E N U** **APRIL** 2026

Congregate and Home-Delivered Meal Program  
 SUGGESTED DONATION \$4.00, MUST BE 60+

East Central Kansas Area Agency on Aging  
 Office 785-242-7200  
 Reservation or cancellation for a meal must be made  
 with the site by 11:00 a.m. the day before

Blue Mound - 620-224-8845  
 Burlingame - 785-893-3425  
 or 785-217-8687  
 Burlington - 913-961-8591  
 Carbondale-785-893-1107  
 Centerville - 913-271-0459  
 Colony - 620-852-3530  
 Garnett - 785-448-0065  
 Kincaid - 620-439-5449  
 Lebo - 620-256-6166  
 Louisburg - 913-837-5113  
 Mound City - 855-396-9674 #1  
 Osage City - 913-439-8513  
 Osawatimie - 913-755-2443  
 Ottawa 785-248-0139,242-7200  
 Paola - 913-731-3613  
 Pleasanton - 913-352-8896  
 Pomona- 785-242-7200  
 Richmond 785-393-4213  
 Waverly - 785-733-2603

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Friendship Day 1</b>				
<b>Frozen Meal Heating:</b> 1. <b>Microwave:</b> Peel back lid OR poke holes in lid to allow venting 2. <b>Microwave:</b> 2-4 minutes on high—Stop and Stir foods NOTE: Some foods may heat faster than others— NOTE: Frozen meals may be different than menu NOTE: Meals can be heated in an oven or warmer <b>Frozen Meals Heat Best when they are thawed</b>				
Sloppy Joe on Bun Baker Potato Fries Peas Bun Tropical Fruit	BBQ Riblet Au gratin Potatoes Chuckwagon Corn Pudding Hoagie Bun	Country Fried Steak Mashed Potatoes/ Gravy Green Beans Wheat Roll Brownie	Sliced Pork /Gravy Stuffing Peas Whole Wheat Bread Cookie	Fish Patty Rosemary Potatoes Broccoli Whole Wheat Roll Mixed Berry Fruit Cup  Good Friday
<b>Birth Day Dinner 15</b>				
Chicken Tenders Macaroni and Cheese Green Beans Whole Wheat Bread Mixed Fruit	Spanish Rice Casserole Chuckwagon Corn Combread Mandarin Oranges	Chicken Fried Chicken Whipped Potatoes/ Gravy Mixed Vegetables Wheat Roll Cake Ice Cream	Spaghetti with Meatballs California Blend Bread Stick Diced Pineapple	Omelet Potato Bites Blueberry Muffin Strawberry Cup
Beef Hotdog/Bun Baked Beans Mixed Vegetables Fruit Cocktail	Chicken Tetrazzini Casserole Broccoli Whole Wheat Roll Pears	Sliced Pork Mashed Potatoes/Gravy Green Beans Wheat Roll Dump Cake	Barbeque Chicken Scalloped Potatoes Peas & Carrots Whole Wheat Bread Fruit Medley	Ham & Cheese Sandwich Coleslaw Potato Salad Cookie Hoagie Bun w/Lettuce & Tomato
Goulash Peas and Carrots Wheat Bread Mandarin Oranges	BBQ Pulled Pork Baby Bakers Mixed Vegetables Wheat Bun Cookie	Hamburger Beef Stroganoff Stewed Tomatoes Garlic Toast Tropical Fruit	Baked Chicken Mashed Potatoes/Gravy Green Beans Whole Wheat Roll Apple Crisp	

ASK ABOUT OUR VOUCHER PROGRAMS AT LANE, PAOLA, AND SPRING HILL, OTTAWA, AND POMONA



# The voices that carry

By Jackie Mundt  
 Kansas Farmers Bureau Insight Column

During a recent trip to Nashville, I found myself thinking about the first time I landed at that very same airport. I was 19, headed to the RFD-TV studios to record a special with Orion Samuelson. At the time, it felt like a big moment — one of those early milestones that help shape a life.

Orion was already a legend, though he never carried himself that way. As a fellow Wisconsinite and someone shaped by FFA, we shared an instant bond. We talked about speaking contests and how they had given us confidence, direction and purpose. His voice — deep, distinctive, unmistakable — was one I had heard before, but sitting across from him, it became something more personal. It carried warmth, humor and a quiet steadiness that reflected a generation rooted in resilience and humility.

That wasn't the first or last time Orion would interview me, but it was never routine with him, always sincere and memorable. Earlier this month, when he passed away, I found myself reflecting on the role he and others like him played in my life — and in the lives of so many across rural communities.

The first farm broadcaster I met was Bob Meyer from Loyal, Wis.. I will never forget the feeling of walking into a studio for the

first time — equal parts excited and awestruck. Bob had a way of making conversation feel easy. Over the years of my FFA career he was a friend, a cheerleader, someone who believed in what I could accomplish.

We always laughed about my first state FFA officer interview. In Wisconsin, new officers are on the radio show at five the morning after their election. I had inside knowledge: the interview was held in a conference room without an audience; it didn't matter what you wore. My new teammates showed up in full official dress, eager to make a polished impression, I walked in wearing leopard pajama pants. Bob loved that story — not because of the outfit, but because it reflected authenticity. Be yourself. The rest will follow.

A few years ago, I spoke at an event Bob was emceeing. He introduced me in his deep rumbling voice, and it felt like I was back in my youth running across the stage at FFA convention. We laughed and reminisced. It was a moment I was glad to have as it was the last time I would see Bob. Earlier this year, he passed away unexpectedly.

Farm broadcasters occupy a unique place in American life. They all build relationships with their audiences, but farm broadcasters are something more. They are part of the daily rhythm — voices heard in tractors, kitchens and pickup trucks at dawn. They deliver markets and weather,



Submitted  
**Mundt reflects on the impacts of farm broadcasters.**

but also perspective, reassurance and hope. They tell the truth in hard times and celebrate in good times. Farm broadcasters are neighbors.

Digital noise and endless information dominate our world today and farm broadcasters are a dwindling group. The profession is changing, evolving, and in some places, fading. That reality makes me feel especially fortunate to have grown up in a time when those voices were constant companions.

Because for me, they were never just voices on the radio. They were mentors, encouragers, examples of integrity, kindness and a deep love for agriculture and the farmers and ranchers who make it possible.

They may no longer fill the airwaves, but I like to believe those voices don't really disappear. They echo — in memories, in values passed down and in the lives they helped shape. Somewhere, in the wide-open spaces they loved, the steady, trusted tones of Bob and Orion still carry on.

Jackie Mundt is a Pratt County rancher, farmer and writer for the Kansas Farm Bureau Insight Column.

## OTTAWA HERALD

215 S. Main Street,  
 Ottawa, KS 66067  
 785-992-0001

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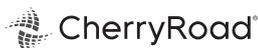
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**WWW.OTTAWAHERALD.COM**



Postal Statement: Newspaper (USPS 600-240) is published Tuesdays by CherryRoad®. Periodical postage paid in Ottawa, Kan., and additional mailing offices. Postmaster: Send address changes to Circulation Department, Ottawa Herald, 215 S. Main Street, Ottawa, KS, 66067.

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